

Simply Zen: Interior Gardens

By David Scott, Sian Evans, Marc P. Keane
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Simply Zen shows how a traditional Japanese approach can be adapted to produce a tranquil, spiritually nourishing home or garden. The book begins with the fundamentals of Zen design; continues with a look at Zen interiors; and concludes with a survey of Zen gardens. This inspiring guide for applying Zen ideals to the western home and garden includes 125 color photographs in addition to a resource section listing architects, designers, and suppliers.

